



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church



Thoughts of Blessed Francis Jordan

Pray therefore, and pray again! That is the means by which you can achieve so much!

Prayer To Our Lady of Fatima

Most Holy Virgin, you appeared at Fatima to reveal to the three shepherd children the treasures of graces contained in the recitation of the Holy Rosary.

Inspire our hearts with a sincere love of this devotion, so that by meditating on the mysteries of our Redemption recalled in it, we may receive spiritual blessings and obtain the conversion of sinners.

We seek your intercession for the intentions we place before you, for the greater glory of God, for your honour and for the good of souls. Amen.



Like us on Facebook
Facebook
The Catholic Parish of Pittwater

You can find us on Instagram
Instagram
(catholicparishpittwater)

SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE FRANCIS' PRAYER INTENTION FOR OCTOBER

For a Shared Mission

Let us pray that the Church continue to sustain a synodal lifestyle in every way, as a sign of co-responsibility, promoting the participation, communion and mission shared by priests, religious and laity.

MASS TIMES

Sacred Heart Church

1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

Wednesday 9.30 am

Thursday 7 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

Friday 9:30 am
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9:30 am, followed by *Healing Mass/ Anointing of the Sick* at 10.30 am

WEEKEND MASSES
Saturday Vigil 5.00 pm
Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)

RECONCILIATION
Saturday Vigil
4.00 pm to 4.30 pm

BAPTISM
4th Sunday of the Month
11.30 am

Maria Regina Church

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8.00 am

Wednesday 8.00 am

Thursday 10 am
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

Friday 8.00 am
First Friday of the month, *Healing Mass/ Anointing of the Sick* at 8.00 am

WEEKEND MASSES
Saturday Vigil 6.00 pm
Sunday 9.00 am

RECONCILIATION
Before Vigil Mass on Saturday

BAPTISM
3rd Sunday of the Month
11.00 am

We Pray for

Deceased Anniversary Bozidar Sljokic

May all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Recently Deceased Noeline Beacham

Prayer for the Sick

Anna Śmigowska

Anne Gerathy

James

Bruce Farr

Cindy Kalalo

Maureen Larios

Denise Wagner

Marco Sangiacamo

Elaine Boyes

Pauline Chipman

Anna

Svetlana

Leonor

Sofia

Anna Kantonec

Mother Pauline

Angela Miller

Philip Khalifeh

Robert McCauley

Heidi Taylor

BOOK REVIEW

Prayer Paths

By: Mark Link, S J



Search for serenity and God in an age of stress. Introductory meditation is recommended in order to relax tension in the body. Then some very interesting prayer paths are suggested and my favourite is natural paths, exploring the wonders of nature all around us. There are also scriptural and devotional paths among others. A thought provoking read!

"When people love and recite the Rosary they find it makes them better."

- St. Anthony Mary Claret

CatholicLink

Liturgy for the Week

14/10 **Monday, Ordinary Time 28**
Gal 4:22-24, 26-27, 31-5:1;
Lk 11:29-32

15/10 **Tuesday, St Teresa of Jesus**
Gal 5:1-6; Lk 11:37-41

16/10 **Wednesday, Ordinary Time 28**
Gazl 5:18-25; Lk 11:42-46

17/10 **Thursday, St Ignatius of Antioch**
Eph 1:1-10; Lk 11:47-54

18/10 **Friday, St Luke**
2 Tim 4:10-17; Lk 10:1-9

19/10 **Saturday, Ordinary Time 28**
Eph 1:15-23; Lk 12:8-12

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Parish of
Pittwater

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Scan the QR code above with your camera app and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

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Get it on
 Google play

Book of Remembrance

November is a special time to pray for the dead.

A plenary indulgence may be gained for the dead, once only, by visiting a Church on 2 November and praying the Lord's Prayer and the Creed. Three conditions are required for gaining indulgence: Sacramental Confession, Eucharistic Communion and Prayer for the Pope's intentions.

If you would like the names of your deceased loved ones, relatives or friends published in our "Book of Remembrance", please fill in the "November Offerings" envelopes and drop it in to the Parish office or put it in the collection during the weekend Masses.

Each day in November, a Mass will be offered for all the names published in our "Book of Remembrance."



men



ALIVE

menALIVE

A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & a great need in the life of the Catholic Church.

ALL MEN WELCOME

We Meet
First Tuesday of every Month
at 7pm
Sacred Heart Parish Centre

Bringing men together, to renew their faith in God & encourage them to be an active force of renewal in the Church.

For any questions contact
Joe Cilia – 0418 863 814

Parish Directory

Pittwater Parish

1 Keenan Street,
Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest
Fr Richard Sadowski SDS
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pp@pittwaterparish.org

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Tel 9157 0999 ext 12
ap@pittwaterparish.org

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Coordinators
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Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

Sacred Heart Church
1 Keenan Street, Mona Vale

Maria Regina Church
7 Central Road, Avalon

SCHOOLS

Sacred Heart School
Mona vale
Tel 8197 6900
Principal: Mr Jamie Wahab

Maria Regina School
Avalon
Tel 7256 2138
Principal: Ms Kirsty Thorpe

**Mater Maria Catholic
College**
Warriewood
Tel 7256 2100
Principal: Mr Marc Reicher



For further information, please attend the Q & A SESSION on Wednesday, 16th October @ 10 am at the Sacred Heart Church Parish Centre, Mona Vale

The session will be led by *Fr Greg Skulski SDS* who is organising the pilgrimage. Please join us if you are interested.

If you're not able to attend, please send email to Fr Greg on JP11.CENTRE@bbcatholic.org.au



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DATE: **16 – 31 MAY 2025**

PRICE: **8350 AUD/person + TIPS** (GROUP 21 PERSONS)

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INFORMATION: **FR GREG SKULSKI SDS • THE SHRINE OF SAINT JOHN PAUL II**
E-MAIL: JP11.CENTRE@BBCATHOLIC.ORG.AU



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Rosary by the Beach

Everyone is invited in this **Year of Community** to come together in prayer.

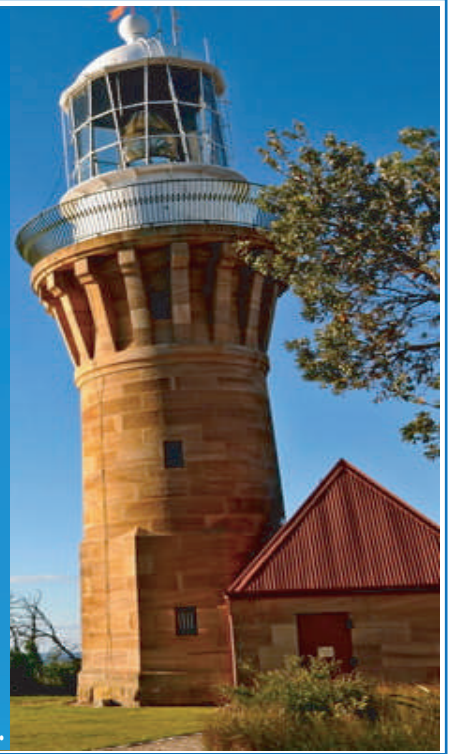
Let us unite and gather as we nourish ourselves before our intercession for **PEACE** in the world.

Saturday, 26th of October
at **Governor Philip Park**
Beach Road, Palm Beach

There will be **FREE Barbecue Breakfast** from
7.30 am to 8.30 am followed
by praying the **Rosary**

Please RSVP by the 18th of October for catering purposes.

Contact the Parish Office on 9517 0999 or write your name on the Attendance Sheet at the back of the pews in both Churches.



GO AND INVITE
EVERYONE
to the banquet



Let's celebrate World Mission Month!

Together, we have the power to create change and build a more just world for people everywhere. By supporting missionaries in their work, we can create life-changing opportunities for countless children, families, and communities worldwide. Join us in making a difference for our sisters and brothers. Envelopes will be provided next weekend in both Churches on the **19th & 20th of October**.



Reach out. Give life.

**PARISH MORNING
TEA GATHERING**
*Everyone is welcome to join us
EVERY MONTH after the*

**8 am Mass on the 1st Sunday
and
10 am Mass on the 3rd Sunday
at
Sacred Heart Church,
Mona Vale**

**2nd & 4th Sundays
after the 9 am Mass
in front of the
Maria Regina Church,
Avalon**

*It provides an opportunity to all
parishioners to connect
and get to know each other.*



**"SAY THE ROSARY
EVERYDAY TO
OBTAIN PEACE
FOR THE WORLD..."**
- Our Lady of Fatima

Fatima: A Message of Hope for our Times



More than a hundred years ago, the Blessed Virgin Mary appeared to three little shepherds in Fatima, Portugal, with a crucial message for the century and its looming dangers. Even if many of these events seem like part of a distant past, the message of Fatima is not irrelevant. The latest World Youth Day in Lisbon gives us the opportunity to once again reflect on the message of faith, hope and charity that Our Lady gave us for times of difficulty. Let us look back on the events of Fatima — in Venerable Lucia dos Santos' own words.

What happened at Fatima?

Lucia dos Santos and Francisco and Jacinta Marto were ordinary children, poor shepherds who were well-loved by their community and families, each very pious in their own way. In 1916, an angel appeared to them on three different occasions in the Cova da Iria.

In these apparitions, the angel asked them to pray for sinners and insisted on the importance of offering our sufferings to God for their conversion. He asked them to pray often: "Oh My God, I believe, I adore, I hope, and I love you. And I beg pardon for all those who do not believe, do not adore, do not hope, and do not love you."

Our Lady's apparitions began eight months later. Much of the world was suffering in 1917 at the time. World War I was wreaking havoc across Europe, and in Russia, a turbulent revolution would later give rise to the Soviet Union. The apparitions, safe to say, were just what the world needed.

On May 13, when Lucia was 10, Francisco, 9, and Jacinta, 11, Our Lady appeared to the children with a flash of lightning.

She asked them, "Will you offer yourselves to God, and bear all the sufferings he sends you, in atonement for all the sins that offend him and for the conversion of sinners?"

They replied that they would. She then asked them to return to the same location she appeared to them every month. Lucia describes the encounter: "We were bathed in a heavenly light that appeared to come directly from her hands. The light's reality cut into our hearts and our souls, and we knew somehow that this light was God, and we could see ourselves embraced in it. By an interior impulse of grace we fell to our knees,

repeating in our hearts: 'Oh, Holy Trinity, we adore you. My God, my God, I love you in the Blessed Sacrament.'" Following the visit, the children told their families. The Marto parents were the first believers of Fatima, but Lucia's parents would prove more difficult. Her mother believed she was lying, while her father was not religious at all and was indifferent.

Secrets and Sufferings

Between the second and fourth apparitions, the children suffered much at the hands of their families and the local authorities, who believed they were lying. But the children remained steadfast, and with encouragement from Francisco and Jacinta, Lucia overcame her own doubts caused by her family's disbelief.

The second apparition, on June 13, revealed that Francisco and Jacinta would soon be taken to heaven. Lucia would remain on earth for a while to tell the story of Fatima. The third apparition would reveal much more.

On July 13, Our Lady revealed to the children three "secrets of Fatima," the third of which would not be released until 2000 by St. John Paul II. The first was a vision of hell and a warning about World War II; the second, a warning about Russia.

L'Osservatore Romano, the Vatican newspaper, published a special insert in 2000 on the secrets. The Congregation for the Doctrine of the Faith also published a document titled "The Message of Fatima," in which all three secrets are published "in their entirety." It contains an interpretation of the secrets approved by John Paul II and signed by Cardinal Joseph Ratzinger, then prefect of the Congregation.

The document stated: "The first and second parts of the 'secret' ... refer especially to the frightening vision of hell, devotion to the Immaculate Heart of Mary, the Second World War, and finally the prediction of the immense damage that Russia would do to humanity by abandoning the Christian faith and embracing Communist totalitarianism."

The third secret was a prophecy. Lucia wrote, "[There was] a Bishop dressed in white, we had the impression that it was the Holy Father. Other bishops, priests, men and women religious going up a steep mountain, at the top of which there was a big cross ... before reaching there the Holy Father passed through a big city half in ruins and half trembling with halting step, afflicted with pain and sorrow, he prayed for the souls of the corpses he met on his way; having reached the top of the mountain on his knees, at the foot of the big cross he was killed by a group of soldiers who fired bullets and arrows at him, and in the same way there died one after another the other bishops, priests, men and women religious, and various lay people of different ranks and positions. Beneath the two arms of the cross, there were two angels each with a crystal aspersorium in his hand, in which they gathered up the blood of the martyrs and with it sprinkled the souls that were making their way to God."

John Paul II saw himself reflected in the

image of the martyred Pope. The assassination attempt that he miraculously survived on May 13, 1981, occurred on the anniversary of the first apparition of Our Lady of Fatima. He later said, "It was a mother's hand that guided the bullet's path." He considered he was delivered by Our Lady from the death that was prophesied for him in Fatima.

The 'Miracle of the Sun'

Two apparitions later, tension was growing in Fatima; authorities were alarmed by the number of people flocking to the Cova da Iria. The children were promised a miracle at the final apparition, which would take place on October 13, so that the world would believe.

Lucia described the vision: "After Our Lady had disappeared into the immense distance of the firmament, we beheld St. Joseph with the Child Jesus and Our Lady robed in white with a blue mantle, beside the sun. St. Joseph and the Child Jesus seemed to bless the world, for they traced the sign of the cross with their hands. When, a little later, this apparition disappeared, I saw Our Lord and Our Lady; it seemed to me that it was Our Lady of Sorrows. Our Lord appeared to bless the world in the same manner as St. Joseph had done. This apparition also vanished, and I saw Our Lady once more, this time resembling Our Lady of Carmel."

Then came the miracle: the sun "danced" to eyewitnesses, who were 70,000 in attendance.

"Opening her hands, she made them reflect on the sun, and as she ascended, the reflection of her own light continued to be projected onto the sun itself," Lucia wrote. "Here ... is the reason why I cried out to the people to look at the sun ... I was moved to do so under the guidance of an interior impulse."

Fatima for today

Even though the secrets of Fatima seem to refer to events of the past, her message is still relevant today. Many of the errors of communism are still alive and have found renewed force in our culture and other parts of the world. Christian persecution in the world is on the rise and many people are leaving the faith.

The message of Our Lady of Fatima is filled with hope. As she warned of future wars, death and persecution, she didn't request anything that surpassed our abilities. Instead, she reminded us that prayer, the offering of our sufferings and our own conversion were powerful means of transforming history. She reminded us that, as Christians, we can only bear fruit if we abide in Christ — sin, on the other hand, sterilizes our actions.

Let us then not forget her message in our time. We must look at history through the eyes of salvation history: God and the Immaculate Heart of Mary will triumph, but Christ calls us to collaborate in his plan of salvation in our daily lives. Christ calls us to become true disciples, following the example of Mary, his Mother.

**By: Vladimir Mauricio-Perez
Denver Catholic**

The *Living* Word

Entrance Antiphon Psalm 129:3-4

If you, O Lord, should mark iniquities, Lord, who could stand? But with you is found forgiveness, O God of Israel.

First Reading Wisdom 7:7-11

A reading from the book of Genesis
In comparison to wisdom, I held riches as nothing.

I prayed, and understanding was given me; I entreated, and the spirit of Wisdom came to me. I esteemed her more than sceptres and thrones; compared with her, I held riches as nothing. I reckoned no priceless stone to be her peer, for compared with her, all gold is a pinch of sand, and beside her silver ranks as mud. I loved her more than health or beauty, preferred her to the light, since her radiance never sleeps. In her company all good things came to me, at her hands riches not to be numbered.

The word of the Lord

Responsorial Psalm Ps 89:12-17. R. v.14

(R.) Fill us with your love, O Lord, and we will sing for joy!

Make us know the shortness of our life that we may gain wisdom of heart. Lord, relent! Is your anger forever? Show pity to your servants. **(R.)**

In the morning, fill us with your love; we shall exult and rejoice all our days. Give us joy to balance our affliction for the years when we knew misfortune. **(R.)**

Show forth your work to your servants; let your glory shine on their children. Let the favour of the Lord be upon us: give success to the work of our hands. **(R.)**

Second Reading Hebrews 4:12-13

A reading from the letter to the Hebrews

The word of God discerns the thoughts and intentions of the heart.

The word of God is something alive and active; it cuts like any double-edged sword but more finely: it can slip through the place where the soul is divided from the spirit, or joints from the marrow; it can judge the secret emotions and thoughts. No created thing can hide from him; everything is uncovered and open to the eyes of the one to whom we must give account of ourselves.

The word of the Lord.



Gospel Acclamation 1 John 4:12
Alleluia, alleluia!

Happy the poor in spirit;
the kingdom of heaven is theirs!

Alleluia!

Gospel Mark 10:17-30

A reading from the holy Gospel according to Mark

Go and sell whatever you have and come follow me.

Jesus was setting out on a journey when a man ran up, knelt before him and put this question to him, 'Good master, what must I do to inherit eternal life?' Jesus said to him, 'Why do you call me good? No one is good but God alone. You know the commandments: You must not kill; You must not commit adultery; You must not steal; You must not bring false witness; You must not defraud; Honour your father and mother.' And he said to him, 'Master, I have kept all these from my earliest days.' Jesus looked steadily at him and loved him, and he said, 'There is one thing you lack. Go and sell everything you own and give the money to the poor, and you will have treasure in heaven; then come, follow me.' But his face fell at these words and he went away sad, for he was a man of great wealth.

Jesus looked round and said to his disciples, 'How hard it is for those who have riches to enter the kingdom of God!' The disciples were astounded by these words, but Jesus insisted, 'My children,' he said to them, 'how hard it is to enter the kingdom of God! It is easier for a camel to pass through the eye of a needle than for a rich man to enter the kingdom of God.' They were more astonished than ever. 'In that case' they said to one another, 'who can be saved?' Jesus gazed at them. 'For men' he said, 'it is impossible, but not for God: because everything is possible for God.' Peter took this up. 'What about us?' he asked him. 'We have left everything and followed you.' Jesus said, 'I tell you solemnly, there is no one who has left house, brothers, sisters, father, children or land for my sake and for the sake of the gospel who will not be repaid a hundred times over, houses, brothers, sisters, mothers, children and land – not without persecutions – now in this present time and, in the world to come, eternal life.'

The Gospel of the Lord

Communion Antiphon Psalm 33:11

The rich suffer want and go hungry,
but those who seek the Lord lack no blessing.

REFLECTION
by Diane Bergant

This Sunday's readings confront us with the need to make choices in life, choices for God. They also remind us that no significant choice is without its price. However, if we make the right choice, we are assured that we will be richly rewarded.

We all want to be happy in life. We just don't always know which doors to open, and how far to enter them. We need wisdom for that. The more options that are open to us, the more difficult it is to choose, but choose we must. To choose one option is to relinquish the others. The young man in the gospel wanted eternal life. Surely there is nothing more worthy than that. However, the price he was asked to pay was more than he had expected, and he went away saddened. To choose is to face the consequences of the word of God, and sometimes this is as sharp as a two-edged sword. One of the mysteries of faith is the incomprehensible generosity of God. We choose wisdom instead of all of the good things of the world, and we receive these good things along with wisdom itself. We are asked to relinquish all of the things that we value, and we get them back a hundredfold. We are invited to take a step into the unknown. We are told that we will not fall. However, we are never sure of this until we take the step and discover that we have not fallen. God demands so much, but gives so much more.

© Dianne Bergant CSA

**Welcome to
Pittwater Parish**

*Cruze Laurence Tunstall
Gardiner*

Charlotte Burn

Hugo Philip Fischer

Louis Fischer

at

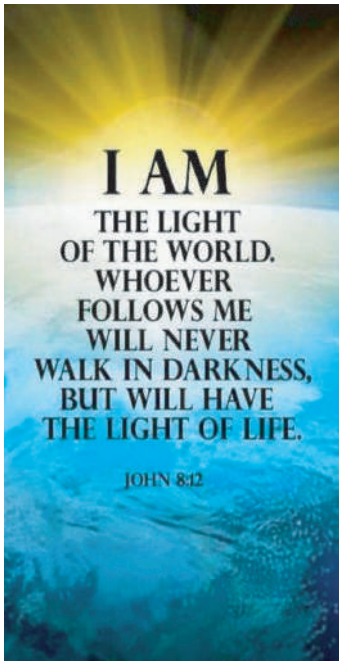
**Sacred Heart Church
Mona vale**

on the

29th of September 2024

for the

**Sacrament of
Baptism**



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"Commit your way to the LORD; trust in him and he will do this: He will make your righteousness shine like the dawn, the justice of your cause like the noonday sun."
- Psalm 37:5-6 -

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